51-102F3 MATERIAL CHANGE REPORT

Item 1 Name and Address of Company

Revitalist Lifestyle and Wellness Ltd. (the "Company") 1008 – 550 Burrard Street Vancouver, BC, V6C 2B5

Item 2 Date of Material Change

April 16, 2024

Item 3 News Release

The news release dated April 18, 2024 was disseminated through Stockwatch and Market News.

Item 4 Summary of Material Change

The Company announced the appointment of Kathryn Walker as the Company's president, filling the vacancy created by the resignation of Dan Manson. In addition, the Company announced the appointment of Ms. Yenvy Truong to the board of directors, filling the vacancy created by the resignation of Doran Andry. Ms. Truong has also been appointed to the audit committee to fill the vacancy created by the resignation of Corby Marshall.

Item 5 Full Description of Material Change.

5.1 Full Description of Material Change

A full description of the material change is described in Item 4 above and in the News Release which has been filed on SEDAR at www.sedarplus.ca.

5.2 Disclosure for Restructuring Transactions

N/A

Item 6 Reliance on subsection 7.1(2) or (3) of National Instrument 51-102

N/A

Item 7 Omitted Information

None

Item 8 Executive Officer

Contact: Kathryn Walker, CEO Telephone: 423.948.9331

Item 9 Date of Report

April 18, 2024